

## Riverside

## California COVID-19 and other Novel Virus Respiratory Infectious Diseases Surge Management: Co-horting and PPE Guidance 12/30/20

If negative pressure rooms currently being utilized for patients with any of the following: TB, measles, mumps, shingles, or varicella, these patients should be given priority to negative pressure isolation rooms over patients with COVID-19 or Person under investigation (PUI) for COVID-19. If negative pressure isolation rooms are occupied with this type of patient initiate co-horting steps listed below.

| Phase | Number<br>of<br>Patients<br>Infected | Patient Status   | Room Type & Location  | Type of Isolation  | Additional Considerations<br>Updates/<br>Comments  |
|-------|--------------------------------------|--|---|--|--|
| 1     | 0                                    | Support local community in taking critically ill<br>patients who do not have COVID-19 in order to<br>free up vital resources these hospitals need to<br>respond to COVID- 19 and other patients who<br>require their acute resources | NA  | NA   |  |
| 2     | 0                                    | A COVID-19 patient that has been deemed<br>clinically cleared and no longer shedding virus<br>(i.e. non-febrile >24 hours, lower respiratory<br>infection)   | Based on the clinical condition of the patient  | Based on the clinical condition of the patient                               |  |
| 3     | 1                                    | An in-house patient suspected PUI  | Patient room with door<br>closed and may be cohorted<br>with like infections                  | Droplet and contact<br>isolation. Eye protection<br>and standard precautions | Keep in isolation until the<br>COVID-19 test is received. Only<br>remove from isolation if test<br>negative  |
| 4     | 1                                    | Conversion of the patient to positive COVID-19   | Patient room with door<br>closed and may be cohorted<br>with patients with like<br>infections | Droplet and contact<br>isolation. Eye protection<br>and standard precautions | Keep in isolation until deemed<br>clinically cleared and no longer<br>shedding virus (i.e. non-febrile<br>>24 hours, lower respiratory<br>infection) |
| 5     | 1-2                                  | Admit patients with positive COVID-19  | Patient room with door<br>closed and may be cohorted<br>with patients with like<br>infections | Droplet and contact<br>isolation. Eye protection<br>and standard precautions | Keep in isolation until deemed<br>clinically cleared and no longer<br>shedding virus (i.e. non-febrile   |

|   |   |  |  |  | >24 hours, lower respiratory infection)  |  |  |  |  |
|---|---|--|--|--|--|--|--|--|--|
| 6 | >2  | Admitted COVID-19 positive patients, PUI or patients who have converted positive | Patient room with door<br>closed and may be cohorted<br>with patients with like<br>infections. | Droplet and contact<br>isolation. Eye protection<br>and standard precautions | The patient movement would<br>be limited to the room if<br>transport for diagnostic testing<br>required droplet precautions<br>for transport would be<br>followed. Recommended they<br>be placed together if possible<br>for purposes of care planning |  |  |  |  |
| 7 | Hospital  | Throughput   |  |  | · · · · · · · · · · · · · · · · · · ·  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
|   | Mobilize medical staff to evaluate patients' required level of care to expedite admissions and safe discharges as medically appropriate |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
| 8 | Space Contingency Plan  |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
|   | Convert PACU to acute beds (2 beds)   |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
| 9 | CALIFORNIA Expedited Staffing Waiver  |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
|   | <ul> <li>Used in times where you have staffing challenges and all resources have been exhausted.</li> </ul>                             |  |  |  |  |  |  |  |  |
|   | Implement waiver nurse to patient ratios of the following:  |  |  |  |  |  |  |  |  |
|   | <ul> <li>1:3 ICU</li> <li>1:6 Telemetry</li> </ul>  |  |  |  |  |  |  |  |  |
|   | <ul> <li>1:7 Medical/ Surgical</li> </ul>   |  |  |  |  |  |  |  |  |
|   |   | <ul> <li>Break/Resource nurse must be incorporate</li> </ul>                     | ted into the staffing ratios   |  |  |  |  |  |  |
| 9 | CALIFORNIA Flex Program for Surge Standards of Nursing Documentation  |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |
|   |   |  |  |  |  |  |  |  |  |

|    | <ul> <li>The facility will ensure that once approval is given for surge documentation that it will reflect "flex" on our FLASH document</li> </ul>           |   |  |  |  |
|----|--|---|--|--|--|
|    | <ul> <li>Follow the program flex required documentation</li> </ul>   |   |  |  |  |
|    | • Patient assessments by exception. (By exception means that a notation is make only when there is a deviation from baseline, deviation from                 |   |  |  |  |
|    | normal limits, or an unexpected outcome).  |   |  |  |  |
|    | <ul> <li>Abnormal findings and clinical status changes (any changes from baseline) (i.e. Lungs that present with crackles and now are clear would</li> </ul> |   |  |  |  |
|    | need to be documented)   |   |  |  |  |
|    | <ul> <li>Critical lab values/critical results not already documented</li> </ul>  |   |  |  |  |
|    | <ul> <li>Vital signs, including pain assessment</li> </ul>   |   |  |  |  |
|    | <ul> <li>Administered medications and treatments (including blood transfusions)</li> </ul>   |   |  |  |  |
|    | o Invasive lines and tubes - lines, drains and airway (LDA) documented upon insertion or presentation. Ongoing assessment of LDAs will take                  |   |  |  |  |
|    | place; documentation of care by exception (abnormal findings)  |   |  |  |  |
|    | <ul> <li>Clinically relevant attending and consulting provider communication</li> </ul>  |   |  |  |  |
|    | <ul> <li>Clinically relevant intake and output</li> </ul>  |   |  |  |  |
|    | <ul> <li>Key patient information (e.g. height, weight, allergies, advance directives, home medications, admission intake form)</li> </ul>                    |   |  |  |  |
|    | <ul> <li>Restraint assessments and monitoring</li> </ul>   |   |  |  |  |
|    | <ul> <li>Patient education at discharge</li> </ul>   |   |  |  |  |
|    | <ul> <li>Isolation precautions</li> </ul>  |   |  |  |  |
|    | <ul> <li>Anything that, in the judgment of the nurse, would compromise patient safety if it were not documented</li> </ul>                                   |   |  |  |  |
|    | > In addition, nurses will document a note at the end of each shift for clinically significant events or changes of condition using the change of            |   |  |  |  |
|    | condition pathway.   |   |  |  |  |
|    | All additional clinical items (including but not limited to activities of daily living, hygiene, routine catheter and ostomy care, repositioning,            |   |  |  |  |
|    | infection control practices, etc.), will continue to be performed as required, but documentation will be done by exception – for example, if a               |   |  |  |  |
|    | patient must be turned and repositioned Q2H, a note will be entered only if this is not done. These notes should be documented in the                        |   |  |  |  |
|    | reassessment>additional note.  |   |  |  |  |
| 10 | Supplies and Equipment   |   |  |  |  |
|    |  |   |  |  |  |
|    |  | 4 |  |  |  |
|    | Notify supply chain to mobilize national resources   |   |  |  |  |
|    |  |   |  |  |  |
| 11 | PPE Optimization   |   |  |  |  |
|    |  |   |  |  |  |
|    |  |   |  |  |  |
|    |  |   |  |  |  |

The CCO or designee has the authority to utilize and revoke the program flex based on patient census and nurse availability
The facility must decide whether it is for a service line or a specific unit based on patient census and nurse availability

## Summary CDC guidelines following PPE Opitmization due to COVID -19. Highlighted is Kindred's Capacity -December 2020 *Personal Protective Equipment (PPE) by Type*

https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/face-masks.html November 23, 2020

Face Mask Isolation Gowns N95 Respirator Eye Protection N95 respirators are Isolation gowns should be Use eye protection Use facemasks according Conventional recommended only for use to product labeling and used based on transmission according to product Capacity based precautions and by HCP who need local, state, and federal labeling and local, state, and Preferred discarded after each patient protection from both federal requirements requirements. use encounter airborne and fluid hazards. · Masks to be worn throughout shift as Face shield preferred to Kindred's Use isolation gown Ensure cleaning of PAPR cover face and mask in recommended by State Pandemic alternatives that offer per IFU between HCP health dept. and CDC order to extend use use equivalent or higher source protection Have patients with Extended use Shift gown use Shift eye protection supplies Contingency symptoms of respiratory of N95 towards cloth isolation from disposable to re-Capacity infection use tissue or other respirators. usable devices (i.e., gowns. barriers to cover their goggles and reusable face Use gowns conforming to mouth and nose source Supply Capacity Level Limited re-use of N95 international standards. shields) control. Implement extended use of eve protection Use of respirators Use facemasks beyond . Extended use of Use eye protection beyond Crisis isolation gowns. beyond the the manufacturerthe manufacturer-designated Capacity manufacturer-designated designated shelf life shelf life during patient care . Re-use of cloth shelf life during patient care activities. isolation gowns.2 activities. Prioritize gowns for certain Use of respirators Prioritize eve protection . activities. approved under Implement limited for selected activities. standards used in other re-use of Consider using safety glasses that have extensions to cover countries that are similar facemasks. to NIOSH-approved Prioritize facemasks for the side of the eyes selected activities N95 respirators. Use a face shield that covers Use a face shield that HCP use of non-NIOSH<sup>3</sup> Consider using gown the entire front (that extends covers the entire front No PPE approved masks or alternatives that have not (that extends to the to the chin or below) and available homemade masks. been evaluated as chin or below) and sides of the face with no effective. sides of the face with facemask no facemask.

Source: "COVID-19: Strategies for Optimizing the Supply of PPE." Centers for Disease Control and Prevention, March 17, 2020. Https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html.