

# ATI Advisory Study Reaffirms Value of LTACHs for Critically Complex Patients

Medically complex patients often require one or more post-acute care (PAC) providers along a recovery journey that can span a number of weeks. To maximize efficiency and effectiveness, payers and managed care organizations must properly align levels of care with medical necessity.

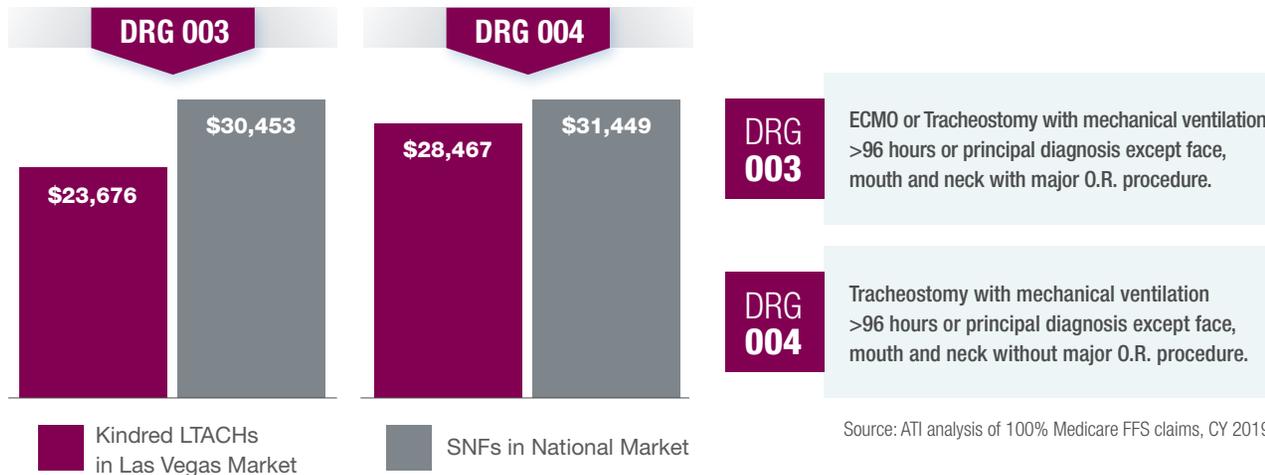
A recent ATI Advisory (ATI) study reaffirmed that LTACHs can “meaningfully participate and contribute to success in value-based models” by providing specialized care to critically complex patients.

## Key Takeaway 1: LTACHs Provide Efficient Pulmonary Care

Certain ventilator associated STACH DRGs, such as 003 and 004, are particularly well-suited for the highly specialized respiratory care provided at LTAC hospitals.

– ATI Advisory

Overall Unadjusted Average Medicare Spending (Within 90-day Episode) After Discharge from Initial Discharge Location by Care Setting and High Volume LTACH DRGs, CY 2019



Spending was about 10-20% lower for beneficiaries discharged to a Kindred LTACH in Las Vegas than for beneficiaries discharged to a SNF.



Patients who transitioned from the hospital to an LTACH also discharged to home 20 days sooner than those who transitioned to a SNF.



### Unique Capabilities of LTACHs That Aid in Complex Care and Recovery



Daily Physician Oversight



Interdisciplinary Teams of ICU-Level Clinicians



Expertise in Ventilator Liberation



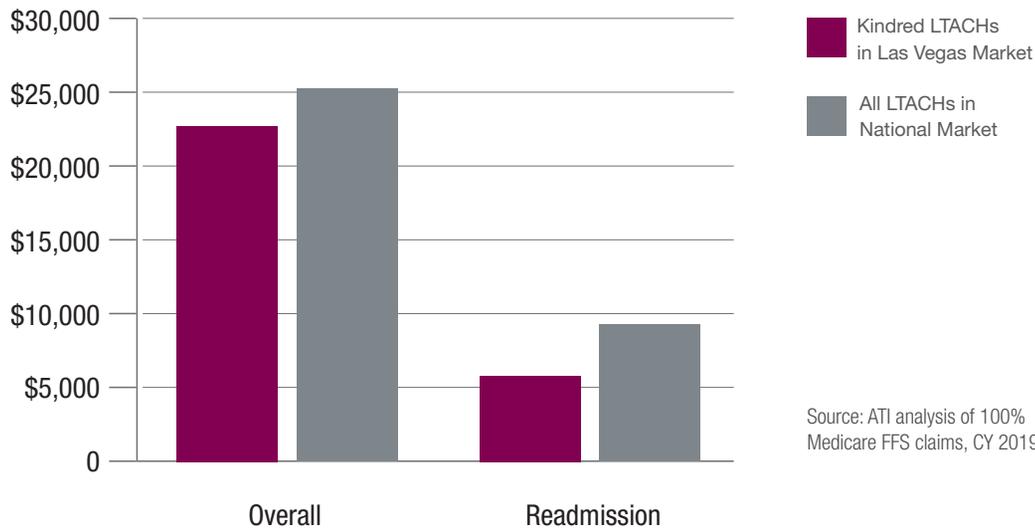
Comprehensive Rehabilitation

## Key Takeaway 2: Kindred Hospital Care Can Reduce Spending

Kindred LTAC hospitals effectively managed patient needs during the initial LTAC hospital stay, likely reducing disruption to patients and improving patients' overall care experience during their post-LTAC hospital period.

– ATI Advisory

Unadjusted Average Spending After Discharge  
from Initial LTACH Stay for All Conditions, CY 2019



**10%**  
decrease  
in overall  
spending



**17%**  
decrease in  
readmission  
spending



Kindred Hospitals have provided quality care for 30 years, and continue to introduce initiatives that improve care, such as:



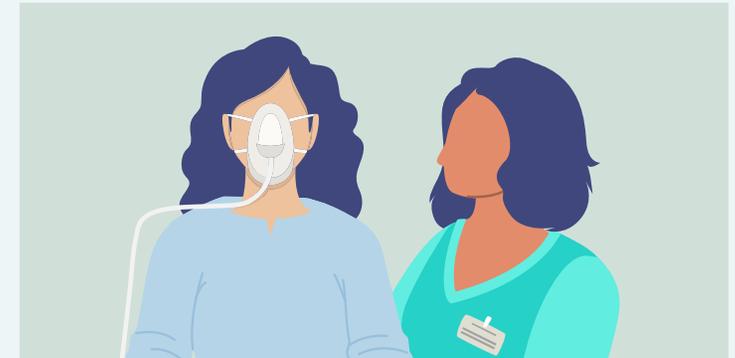
Pursuit of disease-specific certifications from The Joint Commission in Sepsis and Respiratory Failure in all hospitals



Early Mobility Programs that incorporate mobilization as early as is safe, even for patients on ventilators



AfterCare Program in which specialty trained RNs follow up with patients post-discharge



Kindred Hospitals partner with health plans to provide the highest quality of care, improve patient outcomes, and lower costs for their sickest and most vulnerable patient population.

Visit [kindredmanagedcare.com](https://kindredmanagedcare.com) to request a conversation about how Kindred Hospitals' level of service can help manage your critically complex patients.

**Reference:**

<https://atiadvisory.com/long-term-acute-care-ltac-hospitals-as-part-of-the-value-based-solution-a-case-study-of-ltac-hospitals-in-las-vegas/>